



Universidad de Jaén

Faculty of Human Sciences and Education

Social Animation Based on Physical Activity

2024-2025

Grado en Educación Social



CREA

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Syllabus 2024-25 - 12713003 - Social Animation Based on Physical Activity (Animación social a través de la actividad física)

Caption

- Level 1: Tutorial support sessions, materials and exams in this language
- Level 2: Tutorial support sessions, materials, exams and seminars in this language
- Level 3: Tutorial support sessions, materials, exams, seminars and regular lectures in this language

[Back](#)[Full version \(Spanish\)](#)[English](#)

DEGREE: Grado en Educación Social
FACULTY: FACULTY OF HUMAN SCIENCES AND EDUCATION
ACADEMIC YEAR: 2024-25
COURSE: Social Animation Based on Physical Activity

SYLLABUS

1. COURSE BASIC INFORMATION

NAME: Social Animation Based on Physical Activity
CODE: 12713003 **ACADEMIC YEAR:** 2024-25
LANGUAGE: English **LEVEL:** 0
ECTS CREDITS: 6.0 **YEAR:** 3 **SEMESTER:** SC

2. LECTURER BASIC INFORMATION

NAME: MORAL GARCÍA, JOSÉ ENRIQUE
DEPARTMENT: U109 - DIDACTICA EXPR. MUSICAL PLASTICA y CORP.
FIELD OF STUDY: 187 - DIDÁCTICA DE LA EXPRESIÓN CORPORAL
OFFICE NO.: D2 - - **E-MAIL:** jemoral@ujaen.es **P:** -
WEBSITE: -
ORCID: -
LANGUAGE: - **LEVEL:** 2

3. CONTENT DESCRIPTION

BLOCK I. CONCEPTUAL APPROACH: SOCIAL ANIMATION, PHYSICAL ACTIVITY, LEISURE, AND FREE TIME.

BLOCK II. THE PERSONAL AND PROFESSIONAL PROFILE OF THE SOCIAL ANIMATOR.

BLOCK III. SOCIAL ANIMATION AND ITS AREAS OF INTERVENTION.

BLOCK IV. METHODOLOGICAL AND TECHNICAL RESOURCES OF SOCIAL ANIMATION RELATED TO PHYSICAL ACTIVITY.

BLOCK V. PLANNING AND PROJECTION OF ACTIVITIES OF SOCIAL ANIMATION IN THE FIELD OF THE PHYSICAL ACTIVITY.

BLOCK VI. PRACTICAL PROPOSALS. PHYSICAL ACTIVITY FROM THE PERSPECTIVE OF THE SOCIAL ENTERTAINER

4. COURSE DESCRIPTION AND TEACHING METHODOLOGY

The methodology to be used throughout the teaching-learning process in "SOCIAL ANIMATION BASED ON PHYSICAL ACTIVITY" will be characterized by a theoretical-practical component. It implies a combination of theoretical sessions in the classrooms, also theoretical-practical sessions in the pavilion of the University, or any other suitable facility for it.

The different methods and activities that will be developed throughout this educational process are set out below

a) Lectures.

The lecture or theory class could be defined as "a teaching time occupied, entirely or mainly, by the continuous presence of a professor. Students can ask questions and participate in small discussions on the course. Principally, they listen to the professor and taking notes". Consequently, we can conclude that the method used fundamentally in these lectures is the expositive method, in which the teacher explains some content to the students having the opportunity to ask questions or participate in a small discussion.

b) Discussions

On certain occasions, the students have the opportunity to explain their experiences on specific topics related to health, physical activity, and Social Animation. It allows the students to introduce themselves in a much more participatory process. In addition, this type of activity encourages university students to share opinions and develop a critical and reflective attitude.

c) Theoretical-practical classes.

The theoretical-practical classes have an eminently practical component that is quite considerable. However, the professor will introduce different concepts related to the practical lesson before, during, or at the end of these sessions.

The expositive-demonstrative method will be used, so the professor is not the main part of the session. It will be the task, and how to carry it out. Also, how the task is performed.

d) Documentary reviews.

The documentary reviews are part of the student's training process, offering the opportunity to expand their information about the course. This review documentary does not limit their student's knowledge of what is strictly explained during the lesson. In addition, it can promote the attitude and the habit of increasing your cognitive baggage. The knowledge acquired through these reviews will form part of the content to be evaluated and may be reflected through essays or expositions, debates, etc. so that they have greater significance in their learning process.

e) Seminars that will deal with monographic content.

During the development of the subject, external internships may be considered outside the classroom (visits to companies, practical activities, etc.) as well as lectures by experts, viewing of videographic material...

Students with special educational needs should contact the Student Attention Service (Servicio de Atención y Ayudas al Estudiante) in order to receive the appropriate academic support

5. ASSESSMENT METHODOLOGY

To pass the theoretical and practical contents of the course, we have proposed a continuous and formative evaluation system. Consequently, the total score of the course will depend on:

a) Class attendance will be mandatory, being controlled through a control register. If the student misses more than 20% of the lesson (theoretical and practical), they will lose the possibility to be evaluated with this system. In this case, the students will have to take the theoretical-practical knowledge test (exam) on the official dates established in the academic guide of the corresponding scholar year. Being their final qualification in the course the results of the official test (i.e., 100%). This test will include the theoretical, and practical content which has been conducted during the semester in the lectures. Therefore, students enrolled in the course are offered the possibility of passing the course according to the Academic Regulation of Student Evaluation of the University of Jaén.

b) To students who have not missed more than 20% of the lectures, the evaluation instrument, and each percentage are the following:

b.1. Attendance and participation (50%). In this section, an attendance control will be carried out by a registration sheet. Regarding the participation of the students during the theoretical and practical lessons, the professor will propose activities that imply active and reflective participation during during the course.

b.2. Essay, and learning logs (30%). In this section, the student will have to do different tasks. It is described as follow:

1. Individual essays: Document review, Analysis of articles and practical reports, Practical cases, ...

2. Group essays: This will consist of the design of intervention proposals and / or projects to promote physical activity and sport in the different areas of social education. Formal reports will be presented in these essays, and they will have to present to the other student.

b.3. Theoretical-practical test (20%)

6. BOOKLIST [f5 WWgg'h Y'VJ'c\[fUd\ mj\]b'h Y '@VfUfmWUJc\[t](#)

MAIN BOOKLIST:

- Healthy Brain, Happy Life: A Personal Program to Activate Your Brain and Do Everything . Edition: 1st Edition. Author: Suzuki, Wendi. Publisher: DEY STREET BOOKS ([Library](#))

7. SUSTAINABLE DEVELOPMENT GOALS

Salud y bienestar

Educación de calidad

Igualdad de género

Ciudades y comunidades sostenibles

DETAILED INFORMATION

The integration of the Sustainable Development Goals (SDGs) in the teaching-learning process is essential to form responsible citizens committed to a sustainable future. SDG 3, which seeks to guarantee healthy lives and promote well-being for all at all ages, is essential in the educational field since the physical and mental well-being of students is crucial for their academic performance and comprehensive development. This is complemented by SDG 4, which ensures inclusive, equitable and quality education, promoting lifelong learning opportunities for all, and ensuring that no student is left behind due to social, economic or cultural barriers. SDG 5, which advocates for gender equality and the empowerment of all women and girls, is vital to creating a learning environment where all students, regardless of gender, have equal access to educational resources and development opportunities. Promoting gender equality in education not only benefits girls, but also creates a more just and equitable society. Finally, SDG 11, which seeks to make cities more inclusive, safe, resilient and sustainable, has a direct impact on the educational environment. By promoting sustainable communities and cities, safe and accessible learning spaces are created, fostering an environment conducive to education and personal development. Integrating these SDGs into the educational curriculum prepares students not only to face the challenges of the future, but also to become agents of positive change in their communities.

8. VIRTUAL / CLASSROOM TEACHING SCENARIO

TEACHING METHODOLOGIES, AND ACTIVITIES

Multimodal o mixed situation

Groups with a number of students above the limited capacity in the classroom .

Table 1: Multimodal o mixed situation

Formative lessons	In person/On-line situation	Teaching methodology: Description
15 theoretical sessions on content that are programmed in the didactic guide.	In person at 50%	15 master class sessions with active participation. Each session will be one hour long and will take place in the assigned classroom. The session will be broadcast by videoconference to the rest of the group. Periodic rotation of students.
15 practical sessions. It will take place in the UJA pavilion.	In person at 50%	15 practical sessions. Each session will be one hour long. All sessions will take place in the UJA pavilion. Rotation will take place within groups reduced to 50%. Retransmission of practical sessions to the rest of the group.
Tutorial	In person + On-line	Classroom tutorials (50% of the group). It will be broadcast by videoconference for the rest of the students. There will be student rotation Possibility online tutoring individually in the schedule in the teaching guide.

Table 2: Evaluation system in Multimodal situation

Aspect	Evaluation criteria	Instrument	Percentage
S1	Assistance and participation	Registration form and active and reflexive participation	50%
S2	Theoretical-practical conceptual test	Multiple choice test	20%

S3	Individual and group essay	Project, practical cases resolution	30%
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Ordinary convocatory evaluation system: to student do not choose option 2

Evaluation test	In person/On-line situation (synchronous or asynchronous)	Description	Percentage
Multiple choice test, and practical cases resolution	On-line	On-line Multiple choice test. It will be compulsory for students who have not passed more than 50% of the course through the continuous assessment proposed in the teaching guide.	100 %

Extraordinary convocatory evaluation system: to student do not choose option 2

Evaluation test	In person/On-line situation (synchronous or asynchronous)	Description	Percentage
Multiple choice test, and practical cases resolution	On-line	Multiple choice test, and practical cases resolution. It will compulsory for: 1. Students who have not passed more than 50% of the course through the continuous assessment proposed in the teaching guide. 2. Students who have not obtained more than 5 points in the ordinary call.	100 %

▪ **Resources**

We will use the resources provided by the University of Jaén in the multimodal and online context. Google Meet will be used to teach during the semester and for the group and individual questions resolution. We will use the "test" application and the Google forms ("virtual teaching" app) in the theoretical knowledge tests.

9. VIRTUAL TEACHING SCENARIO

1. Teaching methodologies, and activities in NO presential situation

Formative lessons	In person/On-line situation	Teaching methodology: Description
15 theoretical sessions on content that are programmed in the didactic guide	On-line situation	15 master class sessions with active participation. Each session will take one hour long and we will use Google meet o similar (synchronous and asynchronous). The schedule established in the academic calendar of the subject will be maintained for all sessions.
15 practical sessions. It will take place in the UJA pavilion.	On-line situation	15 practical sessions will be replaced by online activities. We will discuss a specific topic, we will do seminars, group presentations, and practical cases resolution. All sessions will be held with Google Meet synchronously and asynchronously. A chat will be enabled for the resolution of student/teacher, student/student questions. It will be operational throughout the situation in the virtual teaching application (synchronous and asynchronous).
Tutorial	On-line	All sessions will be conducted online (synchronous and asynchronous)

2. Evaluation system

Percentages of the course in No presential situation.

Aspect	Evaluation criteria	Instrument	Percentage
S1	Assistance and participation	Registration form and active and reflexive participation	20%

S2	Theoretical-practical conceptual test	Multiple choice test	20%
S3	Individual and group essay	Project, practical cases resolution	60%

Ordinary convocatory evaluation system

Evaluation test	In person/On-line situation (synchronous or asynchronous)	Description	Percentage
Multiple choice test, and practical cases resolution	On-line	On-line Multiple choice test, and practical cases resolution. It will be compulsory for: Students who have not passed more than 50% of the course through the continuous assessment proposed in the teaching guide.	100 %

Extraordinary convocatory evaluation system

Evaluation test	In person/On-line situation (synchronous or asynchronous)	Description	Percentage
Multiple choice test, and practical cases resolution	On-line	Multiple choice test, and practical cases resolution. It will be compulsory for: Students who have not passed more than 50% of the course through the continuous assessment proposed in the teaching guide. Students who have not obtained more than 5 points in the ordinary convocatory.	100 %

3. Technical Resources

We will use the resources provided by the University of Jaén in the multimodal and online context. Google Meet will be used to teach during the semester and for the group and individual questions resolution. We will use the "test" application and the Google forms ("virtual teaching" app) in the theoretical knowledge tests.

DATA PROTECTION CLAUSE (on line exams)

Institution in charge of data processing: Universidad de Jaén, Campus Las Lagunillas, s/n, 23071 Jaén

Data Protection Delegate: dpo@ujaen.es

Purpose: In accordance with the Universities Law and other national and regional regulations in force, carrying out exams and assessment tests corresponding to the courses students are registered in. In order to avoid frauds while sitting the exam, the exam will be answered using a videoconference system, being able the academic staff of the University of Jaén to compare and contrast the image of the person who is answering the exam with the student's photographic files. Likewise, in order to provide the exam with evidential content for revisions or claims, in accordance with current regulation frameworks, the exam will be recorded and stored.

Legitimacy: compliance with legal obligations (Universities Law) and other national and regional regulations currently in force.

Addressees: service providers who are the owners of the platforms where the exams are carried out and with whom the University of Jaén has signed the corresponding data access contracts.

Storage periods: those established in current in force regulations. In the specific case of exam videoconference recordings, not before the examination records and transcripts are closed or the exam can still be reviewed or challenged.

Rights: you can exercise your right of access, amendment, cancellation, opposition, suppression, limitation and portability by sending a letter to the postal or electronic address indicated above. In the event that you consider that your rights have been violated, you may submit a complaint to the Andalusian Council for Transparency and Data Protection www.ctpdandalucia.es

CLASS RECORDING CLAUSE PERSONAL DATA PROTECTION

Person in charge: Universidad de Jaén, Paraje Las Lagunillas, s/n; Tel.953 212121; www.ujaen.es

Data protection delegate (DPO): TELEFÓNICA, S.A.U. ; Email: dpo@ujaen.es

Procedure aim: To manage proper recordings of teaching sessions with the aim of facilitating learning process under a multimodal and/or online teaching

Period for record storage: Images will be kept during legal term according to regulations in force

Legitimacy: Data will be managed according to legal regulations (Organic Law 6/2001, December 21, on Universities) and given consent provided by selecting corresponding box in legal admission documents

Data recipients (transfers or assignments): Any person allowed to get access to every teaching modality

Rights: You may exercise your rights of access, rectification, cancellation, portability, limitation of processing, deletion or, where appropriate, opposition. To exercise these rights, you must submit a written request to the Information, Registration and Electronic Administration Service of the University of Jaen at the address above, or by e-mail to the address above. You must specify which of these rights you are requesting to be satisfied and, at the same time, you must attach a photocopy of your ID card or equivalent identification document. In case you act through a representative, legal or voluntary, you must also provide a document that proves this representation and identification. Likewise, if you consider that your right to personal data protection has been violated, you may file a complaint with the Andalusian Data Protection and Transparency Council www.ctpdandalucia.es

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