



Universidad de Jaén

Faculty of Human Sciences and Education

Planning and Resources of Physical Education in the School

2024-2025

Grado en Educación Primaria
Grado en Educación Infantil



GRUPEA

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Syllabus 2024-25 - 12113018 - Planning and Resources of Physical Education in the School (Planificación y recursos de la educación física escolar)

Caption

- Level 1: Tutorial support sessions, materials and exams in this language
- Level 2: Tutorial support sessions, materials, exams and seminars in this language
- Level 3: Tutorial support sessions, materials, exams, seminars and regular lectures in this language

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DEGREE:

Grado en Educación primaria (12113018)

FACULTY:

FACULTY OF HUMAN SCIENCES AND EDUCATION

DEGREE:

Grado en Educación infantil (12013016)

FACULTY:

FACULTY OF HUMAN SCIENCES AND EDUCATION

ACADEMIC YEAR:

2024-25

COURSE:

Planning and Resources of Physical Education in the School

SYLLABUS

1. COURSE BASIC INFORMATION

NAME: Planning and Resources of Physical Education in the School

CODE: 12113018 (*)

ACADEMIC YEAR: 2024-25

LANGUAGE: English

LEVEL: 2

ECTS CREDITS: 6.0

YEAR: 4

SEMESTER: PC

2. LECTURER BASIC INFORMATION

NAME: RUIZ ARIZA, ALBERTO

DEPARTMENT: U109 - DIDÁCTICA EXPR. MUSICAL PLÁSTICA y CORP.

FIELD OF STUDY: 187 - DIDÁCTICA DE LA EXPRESIÓN CORPORAL

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ORCID: -

LANGUAGE: -

LEVEL: 2

3. CONTENT DESCRIPTION

Developed contents :

Current educational regulations for Primary/Preschool Education (from the national Organic Law and Royal Decree to the Andalusian Decree and Order). Approach to the Andalusian Order for the Andalusian Teacher Competitive Examinations.

Didactic programming in school PE: basic curricular elements and complementary elements.

Elaboration of didactic units/learning situations and sessions.

Resources and didactic materials in school PE.

Innovative methodologies, projects of educational innovation, interdisciplinary, multicultural and coeducational projects from school PE.

Practical application and educational research. Presentations and defences of didactic proposals.

4. COURSE DESCRIPTION AND TEACHING METHODOLOGY

The methodology aims to be active, participatory, global and interdisciplinary, and to encourage the involvement of students in their own learning process.

The course combines the exposition of the theoretical contents of the programme and the intervention of the students, both individually and in groups, through different practices previously introduced by the teacher.

The variety and diversity of the contents of the subject requires a varied and flexible group organisation.

1. Theoretical sessions: these will take place in large groups and will be mainly lectures by the teacher, sometimes with the help of audiovisual and computer media. The subject of resources and teaching materials will be taught transversally throughout the course.
2. Practical sessions: these will be reserved for group practices in the sports hall, in which the teacher will give advice and a final dialogue and discussion on the contents developed in the session. At the end of the course, a didactic proposal will be presented, based on everything learnt and exposed during the course.
3. Specialised, individual and group tutorials, designed for a more exhaustive monitoring of each student. They will provide the necessary material for the practical work, will reflect on the contents and will supervise the tasks.

Students with special educational needs should contact the Student Attention Service (Servicio de Atención y Ayudas al Estudiante) in order to receive the appropriate academic support

5. ASSESSMENT METHODOLOGY

In order to pass the course, **students must obtain a score equal to or higher than 5 points in the subject.**

In the **attendance and participation section**, which accounts for 20% of the mark for the course, it is distributed as follows: Theoretical/practical attendance* (10%) + Anecdotal record of classes, both theoretical and practical (10%). The latter may include reflections, news, photos, diagrams, interesting phrases, key ideas, links, etc., that have emerged during the session or that we think may enrich it (only the days attended will be recorded). Originality will be valued (maximum length of 2 pages per session). Attachments may be freely added at the end of the document, numbering and quoting them correctly where appropriate).

*Regarding attendance, it will be compulsory to attend at least 80% of the practical sessions. In theory, there will not be a compulsory minimum, but the total attendance will score the same in practice and theory.

In the **theoretical concepts section of the subject (50% of the total mark)**, the level of knowledge will be assessed through a final individual work (40% of the total mark) + a theoretical/practical exam (10% of the total mark). The elaboration/defence of the individual work will consist of a Didactic Programme + 1 Integrated Didactic Unit/Learning Situation + at least 4 developed sessions of the same. **It will be necessary to pass the score of at least 5 points in each of these theoretical tests (individual work and exam)**, in order to add the scores corresponding to attendance/participation and practical group work.

Practical group work: 30% (Group work, preparation of 1 practical session framed within a specific Didactic Unit/Learning Situation, with special emphasis on methodology. The presentation must be carried out).

In official examinations in which students do not carry out continuous assessment, they may opt for a single test on the theoretical and practical content of the subject.

The grade achieved will only be valid for the current academic year, and grades will not be maintained from one academic year to the next.

6. BOOKLIST ([Access the bibliography in the Library catalog](#))

MAIN BOOKLIST:

- Cooperative learning in physical education : a research-based approach . Edition: -. Author: Casey, Ashley.. Publisher: Routledge ([Library](#))

ADDITIONAL BOOKLIST:

- Game sense : pedagogy for performance, participation and enjoyment . Edition: -. Author: Light, Richard (Richard Lawrence), author. Publisher: Routledge ([Library](#))

7. SUSTAINABLE DEVELOPMENT GOALS

Salud y bienestar

Educación de calidad

DETAILED INFORMATION

SDG 3. Health and well-being: Ensure healthy lives and promote well-being for all at all ages.

It will provide an in-depth understanding of the factors that influence health and wellbeing, with a particular focus on the benefits of Physical Education and healthy adherence to daily physical activity practice. Students will learn to appropriately use scientific literature related to physical activity, health and wellbeing, and to develop didactic interventions based on scientific-practical and legislative evidence, for healthy Physical Education. Topics such as injury prevention, healthy habits of hygiene, sleep, nutrition, active behaviours, reduction of sedentary lifestyles, or the implementation of programmes adapted to different needs will be addressed. In addition, the importance of social and mental health will be emphasised, as well as its relationship with physical activity, providing students with tools to design comprehensive teaching strategies.

SDG 4. Quality education: Ensure inclusive, equitable and quality education and promote lifelong learning opportunities for all.

It will explore and promote quality education from Physical Education, with an interdisciplinary and holistic character. Students will analyse pedagogical principles and best educational practices that promote effective and meaningful learning. They will discuss curriculum design, evaluation and implementation of educational programmes that integrate physical activity as a central component. In addition, educational policies and their impact on the quality of teaching and learning in diverse contexts will be examined. Future educators will learn how to use innovative teaching methods and educational technologies to enhance the learning experience. Inclusion and equity in education will also be key issues, ensuring that all students, regardless of their background, have access to quality education.

8. VIRTUAL / CLASSROOM TEACHING SCENARIO

Activities	FORMAT Face to face/online	Teaching methodology /Description
45 theory sessions on the contents of the programme.	Face-to-face up to 50%.	Up to 23 sessions of one hour each, conducted by videoconference to the Large Group, provided that the circumstances and infrastructure of the UJA allow it. Up to 22 face-to-face sessions of one hour each, with rotation of students in Small Groups. ó Up to 22 face-to-face sessions of one hour each with rotation of students in Small Groups, broadcasting by videoconference to the rest of the students, provided that the health circumstances and infrastructure of the UJA allow it. It would be carried out synchronously.
10 sessions of practical activities and case studies.	Face-to-face up to 50%.	Up to 5 face-to-face sessions (small groups at 50%) will be held for the development of practical activities, their supervision and correction. Up to 5 online sessions will be held, as long as the UJA infrastructure allows it, with small groups, for individualised student work and resolution of doubts and proposed activities. It would be carried out synchronously.
Mentoring	face to face + Online	Some will be face-to-face and others online (synchronous/asynchronous).

NOTE: In the multimodal and/or non face-to-face scenario, when appropriate, teaching staff involved in the development of teaching reserve the right not to give consent for the capture, publication, retransmission or reproduction of their speech, image, voice and explanations of teaching, in the exercise of their teaching functions, within the scope of the University of Jaén.

EVALUATION

Ordinary convocation

Test	FORMAT	Description	Percentage
Theoretical concepts of the subject	Face-to-face/online, as long as the UJA infrastructure allows it. There may be an asynchronous test. The final exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Practical Activities	Face-to-face/online as long as the UJA infrastructure allows it. Asynchronous tests may take place during the course. The final exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
attendance	face to face/online.	There will be random checks of attendance at sessions and synchronous activities.	Those established in the subject's Teaching Guide.

Extraordinary Call

Test	Format	Description	Percentage
Theoretical concepts of the subject	Face-to-face/online, as long as the UJA infrastructure allows it. The exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Practical Activities	Face-to-face/online, as long as the UJA infrastructure allows it. The exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Attendance	Face to face/online.	Attendance checks for synchronous sessions and activities will be considered.	Those established in the subject's Teaching Guide.

In the extraordinary call, students may opt for the single exam assessment system, face-to-face/online, as long as the UJA infrastructure allows it, taking into consideration the criteria and regulations established in the subject's Teaching Guide.

9. VIRTUAL TEACHING SCENARIO

Training Activities	FORMAT online	Teaching Methodology /Description
45 theory sessions on the contents of the programme.	Online	Up to 45 sessions of one hour each, held by videoconference to the large group. It would be carried out synchronously.
10 sessions of practical activities and case studies.	Online	Up to 10 online sessions will be held for the development of activities of a practical nature, their supervision and correction.
Mentoring	Online	Online (synchronous/asynchronous).

NOTE: In the non-classroom setting, where appropriate, teaching staff involved in the development of teaching reserve the right not to give consent for the recording, publication, retransmission or reproduction of their speech, image, voice and explanations of their lectures, in the exercise of their teaching duties, within the University of Jaén.

EVALUATION

Ordinary convocation

test	FORMAT	Description	Percentage
Theoretical concepts of the subject	Online. An asynchronous test may take place. The final exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Practical Activities	Online Asynchronous tests may take place during the course. The final exam will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Attendance	Online.	There will be random checks of attendance at sessions and synchronous activities.	Those established in the subject's Teaching Guide.

Extraordinary Call

Test	Format	Description	Percentage
Theoretical concepts of the subject	Online. The examination will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.
Practical Activities	Online. The examination will be synchronous.	Test with multiple-choice and/or open-ended questions.	Those established in the subject's Teaching Guide.

Attendance	Online.	Attendance checks for synchronous sessions and activities will be considered.	Those established in the subject's Teaching Guide.
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In the extraordinary call, students may opt for the online single exam assessment system, taking into account the criteria and regulations established in the subject's Teaching Guide.

DATA PROTECTION CLAUSE (on line exams)

Institution in charge of data processing: Universidad de Jaén, Campus Las Lagunillas, s/n, 23071 Jaén

Data Protection Delegate: dpo@ujaen.es

Purpose: In accordance with the Universities Law and other national and regional regulations in force, carrying out exams and assessment tests corresponding to the courses students are registered in. In order to avoid frauds while sitting the exam, the exam will be answered using a videoconference system, being able the academic staff of the University of Jaén to compare and contrast the image of the person who is answering the exam with the student's photographic files. Likewise, in order to provide the exam with evidential content for revisions or claims, in accordance with current regulation frameworks, the exam will be recorded and stored.

Legitimacy: compliance with legal obligations (Universities Law) and other national and regional regulations currently in force.

Addressees: service providers who are the owners of the platforms where the exams are carried out and with whom the University of Jaén has signed the corresponding data access contracts.

Storage periods: those established in current in force regulations. In the specific case of exam videoconference recordings, not before the examination records and transcripts are closed or the exam can still be reviewed or challenged.

Rights: you can exercise your right of access, amendment, cancellation, opposition, suppression, limitation and portability by sending a letter to the postal or electronic address indicated above. In the event that you consider that your rights have been violated, you may submit a complaint to the Andalusian Council for Transparency and Data Protection www.ctpdandalucia.es

CLASS RECORDING CLAUSE PERSONAL DATA PROTECTION

Person in charge: Universidad de Jaén, Paraje Las Lagunillas, s/n; Tel.953 212121; www.ujaen.es

Data protection delegate (DPO): TELEFÓNICA, S.A.U. ; Email: dpo@ujaen.es

Procedure aim: To manage proper recordings of teaching sessions with the aim of facilitating learning process under a multimodal and/or online teaching

Period for record storage: Images will be kept during legal term according to regulations in force

Legitimacy: Data will be managed according to legal regulations (Organic Law 6/2001, December 21, on Universities) and given consent provided by selecting corresponding box in legal admission documents

Data recipients (transfers or assignments): Any person allowed to get access to every teaching modality

Rights: You may exercise your rights of access, rectification, cancellation, portability, limitation of processing, deletion or, where appropriate, opposition. To exercise these rights, you must submit a written request to the Information, Registration and Electronic Administration Service of the University of Jaen at the address above, or by e-mail to the address above. You must specify which of these rights you are requesting to be satisfied and, at the same time, you must attach a photocopy of your ID card or equivalent identification document. In case you act through a representative, legal or voluntary, you must also provide a document that proves this representation and identification. Likewise, if you consider that your right to personal data protection has been violated, you may file a complaint with the Andalusian Data Protection and Transparency Council www.ctpdandalucia.es

